

DIABETIC PROTOCOL

1. Schedule all patients on insulin for a morning procedure. If patient is scheduled for an afternoon procedure the physician will write insulin orders.
Specify insulin order: _____

2. Use a one-day prep.
3. For diabetics on oral medications, hold all diabetic medication the evening before and the morning of the procedure.
 - a. Write names of medications to be held.
 - b. Which insulin to hold, and when.
 - c. How much insulin to take.
4. For patients on insulin, hold any short acting insulin the evening before and give one half of the usual dose of long acting insulin. On the morning of the procedure, hold all insulin.
Specify insulin order: _____

5. For any patients on an insulin pump or complicated insulin regimen the patient will need to get instructions from their endocrine specialist.
6. Instruct patients to do their blood sugars every 1 to 2 hours when awake while on clear liquid diet the day before the procedure.
 - If blood sugar is below or equal to 70, drink apple juice with sugar.
 - If blood sugar stays 70 or less two or more times, call physician for further instructions.
 - Do not take evening insulin if blood sugars are 70 or less.
 - Low blood sugar can be dangerous. If blood sugar is over 500 you must call your physician for further instructions.
 - Check blood sugar on morning of test and bring the result with you to the Center of Digestive Health.
7. Bring insulin to the Endoscopy Center for Digestive Health.